

Hi, I'm Okey Welcome to Post Discharge Stroke Support PDSS



Adapt. Improvise. Prosper.





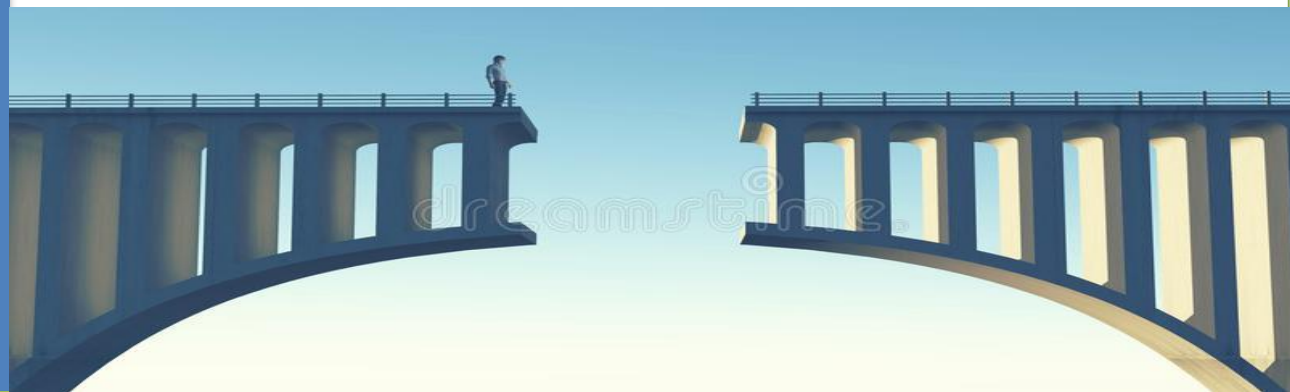
Why is
post
discharge
support
important?

Surviving a stroke is the easy part,
however,
for the survivor and their family,
the reality of living with the burden
of stroke when you return home,
herein lies the challenge!

Life
goes
on...!

Surviving a stroke changes your
dynamic and circumstances in life.

Sadly, there is a
major disconnect between
hospital care and post-discharge care
....until NOW!





Why the gap?


Here are some of the reasons...

- Accessibility to materials regarding information and understanding (manual)
- Cost of required and appropriate rehab
- Cultural beliefs and general myths
- Lack of transport
- Lack of awareness
- Lack of available support structures
- Lack of National registry, resulting in survivors being lost in the wind



Reasons for the gap?

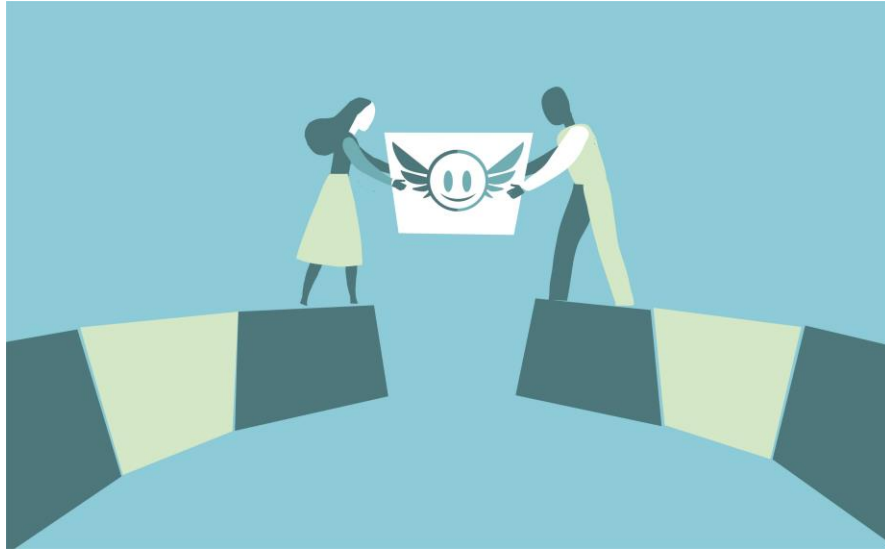
- Affordability remains a major factor – both private and public care.
- Lack of resources
- Limited communication between survivors, caregivers & therapists
- Poorly maintained records of the stroke survivor i.t.o. follow ups
- Post discharge institutionalized care virtually non-existent, again based on affordability.
- Shortage of staff



Effects of the gap?

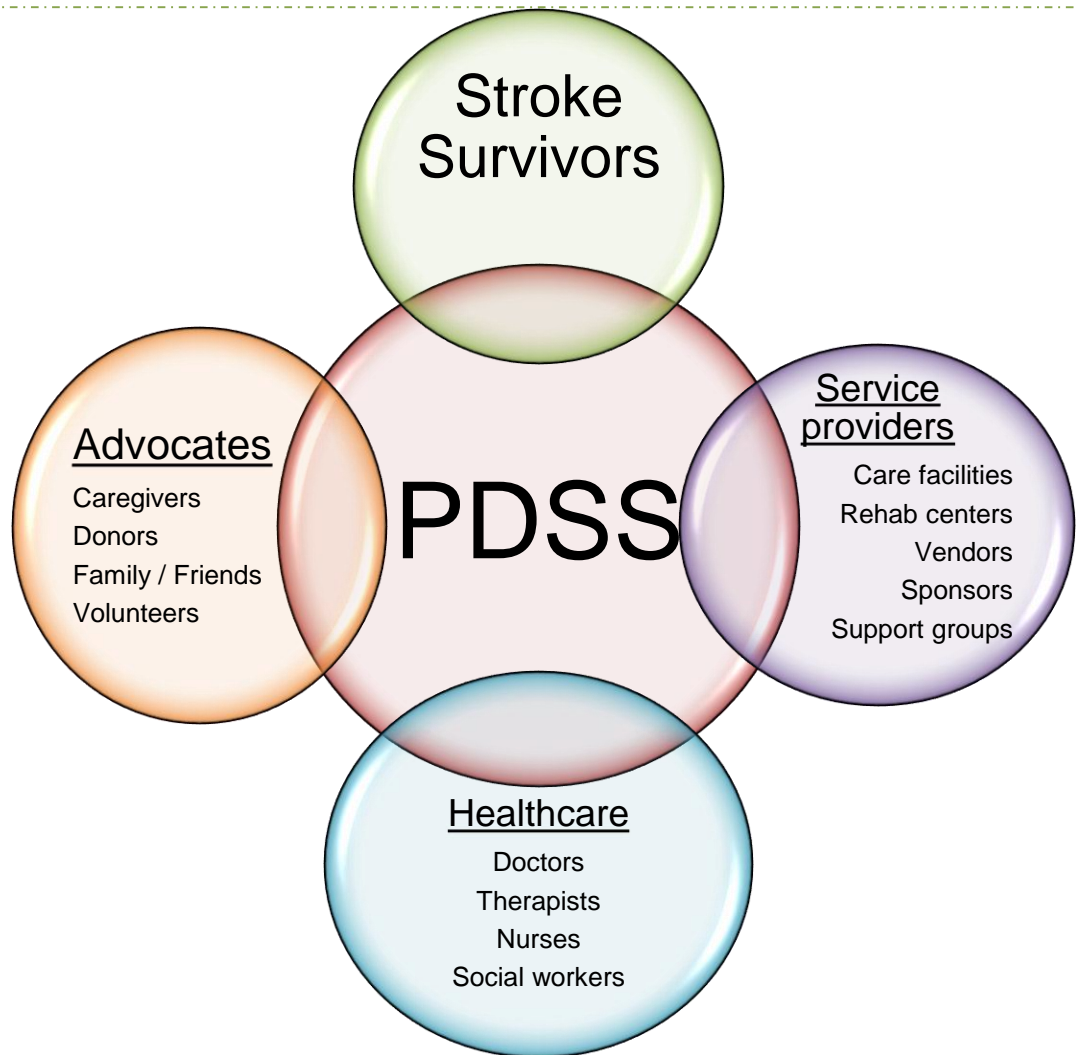
- Lack of post discharge support determines the outcome of recovery
- Results in broken
 - Marriages
 - Families
 - Relationships
 - Careers
 - Lives

PDSS bridges the gap



- PDSS is an online platform developed in collaboration with the Stroke Survivors Foundation and US based Strokefocus.
- incubated and created by a team of stroke survivors.
- PDSS overcomes existing barriers preventing post-discharge support in SA
- PDSS technology offers the path of least resistance allowing us to provide support, care and information dissemination.

Stroke recovery stakeholders





Why PDSS ?

Two words – Early and Accessible

- Early contact means we have open channel of communication which allows for a long term relationship, making all the difference.
- Accessible to people who have suffered a stroke when they are still in early recovery mode and still fragile.
- No post discharge support = wasted acute care benefits
 - According to American Stroke Association, good support after stroke can significantly uplift a survivor's chance of good recovery



**PDSS
provides**

Stroke survivors will never feel left alone and abandoned!

- a community of stroke stakeholders
- a means to develop coordinated advocacy to improve stroke care and awareness.
- Discussion forum – multi-lingual
- Vlogs/Blogs – share stories and experiences
- Dear Okey – Medical & peer-peer support Q&A
- Events calendar
- Latest international developments (WSO, ASO)
- Mentoring / coaching
- Motivational videos



**PDSS
provides
cont.**

Stroke survivors will never feel left alone and abandoned!

- Map of available stroke support groups in SA
- Healthcare professionals network
- Newsletter
- Personal development
- Podcasts – in variety of languages
- Prevention & Awareness
- Rehab & Care centers network
- Resources and opportunities for survivors to share and learn from one another
- Stroke education



**PDSS
make or
break**

Critical point!

Hospital staff must
ensure PDSS
registration takes place
before
patient discharge!

Register here

<https://pdss.strokesurvivors.org.za/early/>

PDSS A6 flyers for distribution at hospitals nationwide

POST DISCHARGE STROKE SUPPORT (PDSS)

The Stroke Survivors Foundation provide support to people of all ages and life stages affected by stroke, we offer much-needed family support and provide access to a comprehensive support and rehabilitation network so that you can embrace life post-stroke.

Survivors of stroke either
recent or past,
Register now!
www.strokesurvivors.org.za



The Stroke Survivors Foundation
Reg No: 2010/002369/08
NPO No: 083-885
PBO no.: 930 035 711
WhatsApp: 082 889 1800
Email: okey@strokesurvivors.org.za
We rely on donations to keep Okey successful.

SnapScan



PDSS Sponsors & Contributors



Adapt. Improve. Prosper.

Hi, I'm Okey from PDSS,
REGISTER NOW!
www.strokesurvivors.org.za

Q & A session



Recovery takes resilience, courage and support.

PDSS can help guide the way.

Thank you

Avashna Moodley

Avashna@hospital2home.co.za

083 788 1641

www.hospital2home.co.za

The Stroke Survivors Foundation

www.strokesurvivors.org.za

